




# Recreation & Therapeutic PROGRAM GUIDE

## WINTER 2026

**CHESHIRE**

— Parks & Recreation —

Harmon Leonard Jr. Youth Center  
559 South Main St.  
Cheshire, CT 06410  
Monday - Friday  
8:30am - 4:00pm

 (203) 272-2743

 [recreation@cheshirect.gov](mailto:recreation@cheshirect.gov)

 [cheshirect.myrec.com](http://cheshirect.myrec.com)





# MEET THE STAFF

## Director

### John Gawlak, CPRP

Ruler of Rec! From parks to pickleball, he leads the charge—planning, promoting, and making recreation happen for the whole community. Part leader, part logistics wizard, always ready with a spreadsheet and a smile.

e-mail: [jgawlak@cheshirect.gov](mailto:jgawlak@cheshirect.gov)

## Assistant to the Director

### Stephanie Dunn

Quietly conquers budget, payroll, and paperwork, all without breaking a sweat. Basically, the money mastermind and problem-solver making sure every dollar and detail falls perfectly into place.

e-mail: [sdunn@cheshirect.gov](mailto:sdunn@cheshirect.gov)

## Administrative Assistant

### Krista Massey

The friendly voice and smiling face who keeps everything running like clockwork! Answers calls, manages registrations, handles money stuff, helps keep the office organized and tidies up the chaos (with just a hint of raccoon-like resourcefulness).

e-mail: [kmassey@cheshirect.gov](mailto:kmassey@cheshirect.gov)

## Program Supervisor

### Elizabeth Mayne, CPRP

Planner of fun, keeper of schedules, and Youth Center HQ captain! Helps run awesome programs, supports the team, and steps in as a director when needed. Basically, the go-to for good times and organized chaos.

e-mail: [emayne@cheshirect.gov](mailto:emayne@cheshirect.gov)

## Program Coordinator

### Brendan Moran

From fresh ideas to community favorites the Program Coordinator helps plan, grow, and spread the word about recreation programs that bring people together and keep the fun going all year long.

e-mail: [bmoran1@cheshirect.gov](mailto:bmoran1@cheshirect.gov)

## Therapeutic Coordinator

### Barbara Costello

She plans programs for special needs kids, wrangles an amazing crew of instructors and mentors, and doubles as the party planner for all our Parks & Rec shindigs. Basically, if it's happening, she's got it covered – with a smile and probably a to-do list a mile long!"

e-mail: [bcostello@cheshirect.gov](mailto:bcostello@cheshirect.gov)

## General Questions?

Contact our office at

Phone: (203) 272 -2743

e-mail: [recreation@cheshirect.gov](mailto:recreation@cheshirect.gov)

Your roadmap  
to fun, fitness,  
and community  
awaits!



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Can't find it here?  
Check out our webpage  
[cheshirect.myrec.com](http://cheshirect.myrec.com)  
or call us at  
(203) 272 -2743



A smiling sun with a face is positioned above a vibrant rainbow that arches across the sky. The background is a soft pink and purple gradient, decorated with small white stars and fluffy white clouds. The sun has a simple face with rosy cheeks and a wide smile. The rainbow features distinct bands of red, orange, yellow, green, blue, and purple. The overall theme is cheerful and bright.

# YOU ARE MY Sunshine WINTER DANCE

A small, stylized heart icon with a dotted line trailing behind it, pointing towards the text.

Grab a special grown-up and join us for an evening full of dancing, crafts, music, and tasty treats!

Dance the night away  
Get creative with fun crafts  
Snap memories at our selfie station  
Dress to impress!

This is a night to laugh, dance, and make memories that last a lifetime!

Important: Register every child and adult attending. Tickets are per person, so don't forget to grab one for both you and your special guest!

Resident: \$10/person Non-Resident: \$15/person



February 20, 2026  
6:00pm -7:30pm

# Leprechaun Hunt

## What to do

Search for felt leprechauns hidden in Bartlem Park, Cheshire Park, and Mixville Park. There are 17 Leprechauns hidden throughout the parks

## Snap A Photo

Take a picture of your child with any leprechaun

## Claim your prize!

Show your photo at the Parks & Recreation office to receive your "pot o' gold."

Prize Pickup: Mon - Fri March 14-20th,  
between 9:00 a.m. - 3:30 p.m.  
while supplies last.

If you're lucky, you may catch a live leprechaun visiting in the parks between 2-3 p.m. on Friday, March 13 - if you find the live leprechaun, you'll be able to claim your prize there!

\*Only one prize per person\*

Cheshire Public Schools have a half day on Friday, March 13, and the leprechauns will be in town getting ready for St. Patrick's Day! Let the hunt begin!



NEW PROGRAM HIGHLIGHT!

# CRASH COURSE COOKING

## Pizza Making

January 10<sup>th</sup> or February 21<sup>st</sup>  
Time: 12:00pm - 2:00pm  
Ages: 6+!

Come join us for an awesome Saturday program making our state's favorite dish, PIZZA!

Learn the fundamentals of dough and sauce making, then roll out and dress a pie before throwing it into a 900 degree oven.

So grab your aprons, bring your **biggest appetites**, and get ready for a delicious time for the *whole family*!

**RESIDENTS: \$50/PERSON NON-RESIDENTS: \$60/PERSON**



# ADULT PROGRAMS

## MEDICARE MADE CLEAR Instructor: Michael Bush

Join us for a free Medicare Made Clear seminar where you'll learn the basics of Medicare in a simple, easy-to-understand way. There's no cost to attend and absolutely no sales pitch — just helpful information. Bring your friends and your questions for a relaxed, informative session. We're here to help you feel confident about your Medicare choices!

Age	Dates	Time	Fee
18+	February 12 <sup>th</sup> or March 11 <sup>th</sup>	10:00am - 11:00am	FREE!

## PASTA MAKING Instructor: Nick Imbriglio

### GET READY TO GET YOUR HANDS FLOURED UP!

**THIS HANDS-ON CLASS IS ALL ABOUT THE ART OF PASTA-MAKING—NO FANCY MACHINES REQUIRED!**

You'll learn how to mix, roll, and shape pasta from scratch using just your hands and a few simple tools.



Age	Day	Dates	Time	Fee
13+	Sundays	Shapes - January 11 <sup>th</sup> Rolling Pasta - February 22 <sup>nd</sup> Ravioli - March 22 <sup>nd</sup>	3:00pm - 5:00pm	Resident: \$60 per class Non-Resident: \$70 per class

## CRASH COURSE COOKING: PIZZA MAKING Instructor: Matthew Yanarella

Come join us for an awesome Saturday program making our state's favorite dish, Pizza! Learn the fundamentals of dough and sauce making, then rollout and dress a pie before throwing it into a 900 degree oven.



It will be a delicious time for the whole family! Bring your aprons and your appetites!

\*Recommended for ages 6 and up. Participants under the age of 9 must have a parent or guardian present to assist with the activity.\*

Age	Day	Dates	Time	Fee
6+	Saturday	January 10 <sup>th</sup> or February 21 <sup>st</sup>	12:00pm - 2:00pm	Resident: \$50 Non-Resident: \$60

# ADULT FITNESS

## BERGAMO'S BALANCE & STABILITY

**Instructor: BPT Fitness Staff**

Good balance and the ability to fall safely are two of the most overlooked skills in our adult lives.

In this class, we will work on strengthening our joints and muscles, as well as connecting the brain to the body, to achieve better balance and a more comfortable life. In addition, we will also focus on how to fall correctly and safely with no injuries.

**\*Please note all Bergamo's Classes are held at Bergamo's located at 493 West Main Street, Cheshire\***

Age	Day	Time	Fee
18+	Tuesdays	9:30am - 10:30am	Resident: \$140 Non-Resident: \$160
<b>Dates</b>			
<b>Session I</b> January 13 <sup>th</sup> - February 3 <sup>rd</sup>		<b>Session II</b> February 24 <sup>th</sup> - March 17 <sup>th</sup>	<b>Session III</b> March 31 <sup>st</sup> - April 28 <sup>th</sup>

## BERGAMO'S TAI CHI

**Instructor: BPT Fitness Staff**

Tai Chi is a gentle martial art practiced by millions worldwide. It improves balance, flexibility, and stability—and for many, it's also a calming, meditative way to relieve stress.

Taught by Grandmaster Ralph Bergamo, this class focuses on Yang Style, the most popular form in the U.S.

**\*Please note all Bergamo's Classes are held at Bergamo's located at 493 West Main Street, Cheshire\***

Age	Day	Time	Fee
18+	Thursdays	9:30am - 10:00am	Resident: \$145 Non-Resident: \$165
<b>Dates</b>			
<b>Session I</b> January 8 <sup>th</sup> - January 29 <sup>th</sup>		<b>Session II</b> February 12 <sup>th</sup> - March 5 <sup>th</sup>	<b>Session III</b> March 19 <sup>th</sup> - April 16 <sup>th</sup>

## BERGAMO'S EMPOWER HOUR FOR WOMEN

**Instructor: BPT Fitness Staff**

Empower Hour combines strength training, stretching, striking, and meditation into one class meant to relieve stress and empower women!

Every class includes a warm-up, strength training, kicking and striking on pads and bags, and breathing and meditation.

**\*Please note all Bergamo's Classes are held at Bergamo's located at 493 West Main Street, Cheshire\***

Age	Day	Time	Fee
18+	Wednesdays	6:00pm - 6:50pm	Resident: \$140 Non-Resident: \$160
<b>Dates</b>			
<b>Session I</b> January 7 <sup>th</sup> - January 28 <sup>th</sup>		<b>Session II</b> February 11 <sup>th</sup> - March 4 <sup>th</sup>	<b>Session III</b> March 18 <sup>th</sup> - April 15 <sup>th</sup>

# ADULT FITNESS

## BUILD & BURN

**Instructor: Donna Paventy**

A total body workout using light to heavy weights to sculpt and tone your body.

Age	Tuesdays	Thursdays	Saturdays	Fee
16+	Date: Jan 6 <sup>th</sup> - Mar 14 <sup>th</sup> Time: 7:00pm - 7:45pm	Date: Jan 8 <sup>th</sup> - Mar 26 <sup>th</sup> Time: 7:00pm - 7:45pm	Date: Jan 10 <sup>th</sup> - Mar 28 <sup>th</sup> Time: 8:00am - 8:45am	Resident: \$108 Non-Resident: \$128

## CARDIO BLAST

**Instructor: Donna Paventy**

Cardio Blast involves cardio endurance and strength exercises. It is a high intensity, high energy workout that promotes cardiovascular endurance, strength, lean muscle and fat loss. We will alternate cardio exercises with strength exercises. Boost your metabolism and leave feeling energized.

All levels of fitness are welcome.

Age	Day	Dates	Time	Fee
16+	Tuesdays	January 6 <sup>th</sup> - March 24 <sup>th</sup>	6:00pm - 6:45pm	Resident: \$108 Non-Resident: \$128

## CIRCUIT TRAINING

**Instructor: Donna Paventy**

This 45-minute class consists of a blend of resistance and cardiovascular exercises. You will move from station to station performing exercises that alternate strength and cardio exercises adhering to an allocated timed interval repeating the circuit 3 - 4 times. Circuit training enhances cardiovascular health and improves muscular strength and endurance.

The structured variation between exercises ensures that the heart, lungs and muscles are consistently active, promoting increased stamina and power.

Age	Day	Dates	Time	Fee
16+	Thursdays	January 8 <sup>th</sup> - March 26 <sup>th</sup>	6:15pm - 7:00pm	Resident: \$108 Non-Resident: \$128

## KICK-FIT KICKBOXING

**Instructor: Leadership Martial Arts Staff**

Class is held at Leadership Martial Arts, 971 Meriden-Waterbury Tpke. in Plantsville.

Punch, jump, lift and kick using heavy bags, rip bands, kettle bells and medicine balls, all while learning self-defense skills. Fee includes boxing gloves!

This special introductory offer is available to new students only. Individuals who have attended a previous Kick-Fit Kickboxing program are not eligible.

Classes meet on Mondays & Wednesdays from 6:15 p.m. to 7:00 p.m., Tuesdays & Thursdays from 6:30-7:15 p.m. and Saturdays from 9:30 a.m. to 10:15 a.m.

Participants are welcome to attend as many or as few dates as their personal schedules allow. Please note, however, that the program registration fee will remain the same regardless of the number of classes attended.

Age	Day	Dates	Time	Fee
13+	M, T, W, Th, Sat	January 5 <sup>th</sup> - February 14 <sup>th</sup>	Go online for more details	Resident: \$144 Non-Resident: \$164



# ADULT FITNESS

## HIP-HOP TO FITNESS

**Instructor: Michele Schweighoffer**

Jump into this upbeat class where you'll warm up, learn fun hip hop moves, and put them together in a short, feel-good combo. Each week, we'll either build on what we've learned or mix it up with something new—set to awesome tracks from the '80s, '90s, and today.

It's a blast and a great way to get your steps in!

Age	Day	Dates	Time	Fee
18+	Wednesdays	January 28 <sup>th</sup> - March 18 <sup>th</sup>	7:00pm - 7:45pm	Resident: \$72 Non-Resident: \$92

## PIYO

**Instructor: Kristie Miller**

Inspired by Pilates and yoga, this workout will stretch and strengthen your body with little to no impact.

Age	Day	Dates	Time	Fee
18+	Mon	January 5 <sup>th</sup> - March 30 <sup>th</sup>	8:15am - 9:15am	Resident: \$99 Non-Resident: \$119
18+	Thurs	January 8 <sup>th</sup> - April 2 <sup>nd</sup>	8:30am - 9:30am	Resident: \$117 Non-Resident: \$137

## ZUMBA

**Instructors: Donna Paventy and Penny Delahanty**

Get ready to dance, sweat, and smile!



High-energy Zumba classes are perfect for all fitness levels—whether you're a seasoned dancer or stepping onto the floor for the first time. Set to upbeat Latin and international rhythms, each class blends cardio, muscle conditioning, balance, and flexibility into a fun, feel-good workout. Zumba isn't just about fitness, it's a party! You'll burn calories, boost your mood, and make new friends along the way. Come for the workout, stay for the laughter, and leave feeling energized!



Age	Day	Dates	Time	Fee
18+	Saturdays w/Donna	January 10 <sup>th</sup> - March 14 <sup>th</sup>	9:00am - 9:45am	Resident: \$90 Non-Resident: \$110
18+	Mondays w/Penny	January 5 <sup>th</sup> - April 6 <sup>th</sup>	6:00pm - 6:45pm	Resident: \$108 Non-Resident: \$128

# ADULT SPORTS

## GOLF LESSONS: ADULT Instructor: Pete Stankevich

All sessions are held at Chris Cote's Top Tracer Range in Southington

**These are group lessons that consist of 4 one-hour sessions covering a wide variety of topics.**

Classes include fundamentals of the set-up, fundamentals of the golf swing, how to play with irons and woods, pitching, sand bunker play, chipping, putting, rules and etiquette, and much more.

Whether you're new to the game or looking to fine-tune your skills, these lessons provide expert instruction in a supportive environment.

**Bring your own clubs or borrow ours** — either way, you'll be ready to hit the course with confidence.

Age		Fee
15+		Resident: \$195 Non-Resident: \$215
January	February	March
Day: Thursdays Date: January 8 <sup>th</sup> - 29 <sup>th</sup> Time: 6:00pm - 7:00pm	Day: Mondays Date: February 2 <sup>nd</sup> - 23 <sup>rd</sup> Time: 6:00pm - 7:00pm	Day: Wednesdays Date: March 4 <sup>th</sup> - 25 <sup>th</sup> Time: 6:00pm - 7:00pm

## GOLF LESSONS: WOMEN ONLY Instructor: Pete Stankevich

All sessions are held at Chris Cote's Top Tracer Range in Southington

Designed for the beginner female golfer who is interested in learning the game, as well as the more experienced female golfer who is looking to take her game to the next level.

**These are group lessons that consist of 4 one-hour sessions covering a wide variety of topics.**

Classes include fundamentals of the set-up, fundamentals of the golf swing, how to play with irons and woods, pitching, sand bunker play, chipping, putting, rules and etiquette, and much more.

Whether you're new to the game or looking to fine-tune your skills, these lessons provide expert instruction in a supportive environment.

**Bring your own clubs or borrow ours** — either way, you'll be ready to hit the course with confidence.

Age		Fee
15+		Resident: \$195 Non-Resident: \$215
January	February	March
Day: Tuesdays Date: January 6 <sup>th</sup> - 27 <sup>th</sup> Time: 6:00pm - 7:00pm	Day: Thursdays Date: February 5 <sup>th</sup> - 26 <sup>th</sup> Time: 6:00pm - 7:00pm	Day: Mondays Date: March 2 <sup>nd</sup> - 30 <sup>th</sup> Time: 6:00pm - 7:00pm



# ADULT SPORTS

## OVER 30 BASKETBALL

Participants may come on any or all nights each week for games of pick up basketball. This program is a great value; a whole season of basketball for one low price.  
You may also choose to purchase a reversible shirt (please make a note on your registration form and add \$20 to your fee).  
Participants must carry in and change into sneakers - no street shoes allowed on gym floors!

Age	Day	Dates	Time	Fee
30+	Sun, Mon, & Wed	September 14 <sup>th</sup> - May 6 <sup>th</sup>	Check online for more info	Resident: \$150 Non-Resident: \$170

## OVER 30 SOCCER

Join the fun! An energetic group of adult soccer players getting together for pickup games of indoor soccer.  
Participants must carry in and change into sneakers. No street shoes allowed on gym floors!  
Additional cancellations may be needed due to school functions and/or inclement weather; the season will not be extended or fees prorated.

Age	Day	Dates	Time	Fee
30+	Tues & Thurs	November 11 <sup>th</sup> - April 9 <sup>th</sup>	8:45pm - 10:00pm	Resident: \$55 Non-Resident: \$75



**FOR ADDITIONAL INFORMATION  
OR TO REGISTER FOR  
PROGRAMS VISIT  
[CHESHIRECT.MYREC.COM](http://CHESHIRECT.MYREC.COM)**



# YOUTH PROGRAMS



Cheshire Parks & Recreation has something for  
every age and energy level!

Our youth programs are packed with fun, friendship, and skill-building—all in a supportive, community-focused environment.

Whether your child loves soccer, art, movement, or team play, our programs spark creativity, build confidence, and keep kids active.



**READY TO**

PLAY

CREATE

GROW

Visit [cheshirect.myrec.com](http://cheshirect.myrec.com)  
to register or find more information!

## CRASH COURSE COOKING: PIZZA MAKING

Instructor: Matthew Yanerella

Come join us for an awesome Saturday program making our state's favorite dish, Pizza!

Learn the fundamentals of dough and sauce making, then rollout and dress a pie before throwing it into a 900 degree oven.

It will be a delicious time for the whole family! Bring your aprons and your appetites!

\*Recommended for ages 6 and up. Participants under the age of 9 must have a parent or guardian present to assist with the activity.\*



Age	Day	Dates	Time	Fee
6+	Saturday	January 10 <sup>th</sup> or February 21 <sup>st</sup>	12:00pm - 2:00pm	Resident: \$50 Non-Resident: \$60

## CUPCAKE DECORATING - VALENTINES THEME

Instructor: Alison Luciana - The British Baker



JOIN US FOR A HANDS-ON, FESTIVE CUPCAKE DECORATING WORKSHOP!



Children will learn fun decorating techniques while creating their own Valentine-themed cupcakes to take home.  
All materials provided. This class will also be nut-free.



Age	Day	Dates	Time	Fee
6-18	Sunday	February 15 <sup>th</sup>	1:00pm - 3:00pm	Resident: \$60 Non-Resident: \$70





# YOUTH PROGRAMS



## DANCE: BALLET, TAP & JAZZ COMBO WITH CPAA

Instructor: CPAA Instructor, Christa

*A beginner dance class that introduces ballet, tap and jazz to young students.*

Young dancers will learn the basic steps while learning how to follow direction in a positive environment.

Engaging music and activities are used to get these little dancers inspired to move.

Tap shoes are a must! Leotard, tights and ballet slippers are recommended.



Age	Day	Dates	Time	Fee
4-6	Saturdays	January 24 <sup>th</sup> - March 14 <sup>th</sup>	10:00am - 11:30am	Resident: \$135 Non-Resident: \$155

## DANCE WITH ME: INTRO TO BALLET & TAP (Adult & Child Class)

Instructor: Michele Schweighoffer



Parent participation is required

In this fun intro class, little dancers explore the basics of ballet and tap alongside a parent or caregiver!



Together, you'll move, groove, and build motor skills through simple steps and playful interaction.

Each pair will learn a short ballet and tap routine to share with family on the final day.

*A sweet start to dance and a special bonding experience!*

Age	Day	Dates	Time	Fee
2-4	Wednesdays	January 28 <sup>th</sup> - March 18 <sup>th</sup>	5:30pm - 6:15pm	Resident: \$90 Non-Resident: \$110

## DANCE: HIP-HOP & JAZZ

Instructor: Michele Schweighoffer

GET MOVING AND GROOVING WHILE LEARNING THE BASICS OF HIP HOP AND JAZZ DANCE!

Each class kicks off with a high-energy warmup, then dancers learn cool moves in place and across the floor.

We'll end every session with a fun combo set to music—sometimes building week to week into a full routine, or mixing it up for fresh new fun!

Perfect for kids who love to dance, move, and express themselves!

Age	Day	Dates	Time	Fee
8-13	Wednesdays	January 28 <sup>th</sup> - March 18 <sup>th</sup>	6:15pm - 7:00pm	Resident: \$90 Non-Resident: \$110

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# YOUTH PROGRAMS



We're excited to partner with Spark Business Academy to bring dynamic, hands-on financial literacy programs to students in grades K-12!

## LET'S INSPIRE THE NEXT GENERATION OF MONEY-SMART INNOVATORS!

### MY FIRST CRAFT FAIR

Instructor: Spark Business Academy Staff

#### LET'S GET CRAFTY!

Young entrepreneurs will create handmade items to "sell" to other "vendors" at their very own **craft fair!**  
In this program, students will learn about craft fairs and the ingenuity and creativity of the small business entrepreneur.  
They will produce goods and learn to create appealing advertising and displays.  
Other related topics will be discussed such as counting currency, budgeting, profit margins, buying and selling and assessing the quality of goods.

Grades	Day	Dates	Time	Fee
2-5	Friday	March 20 <sup>th</sup>	9:00am - 12:00pm	Resident: \$65 Non-Resident: \$75

### MY FIRST PIGGY BANK

Instructor: Spark Business Academy Staff

#### EARN, SAVE, SPEND, DONATE!

Through math games and hands-on activities kids learn about these and other key financial concepts like money, budgeting and saving.  
Students will also learn the basic concepts of philanthropy and donating to charity.  
And, everyone will make their very own piggy bank to take home!

Grades	Day	Dates	Time	Fee
K-3	Tuesdays	January 13 <sup>th</sup> - February 24 <sup>th</sup>	4:30pm - 5:30pm	Resident: \$150 Non-Resident: \$170

### MY FIRST LEMONADE STAND

Instructor: Spark Business Academy Staff



#### Learn how to make sweet and tangy lemonade – and make money by selling it!

Experiment with recipes, design flyers, learn how to count money, make change and tally your profits.  
Then, in a showcase finale event, launch your lemonade stand and **sell, sell, sell,** and **raise funds** for a charity students select!

Grades	Day	Dates	Time	Fee
K-3	Tuesdays	March 10 <sup>th</sup> - April 21 <sup>st</sup>	4:30pm - 5:30pm	Resident: \$150 Non-Resident: \$170





# YOUTH PROGRAMS



## SPARK BUSINESS: FINANCE CLUB

Instructor: Spark Business Staff

Learn how to manage your money in this program **promoting essential life skills!**  
Set your financial goals, develop a budget from scratch, shop for a credit card and calculate the monthly cost of your dream car.  
Students learn about mortgages, FICO scores, taxes and the dangers of piling up debt.

**THROUGH SIMULATIONS AND HANDS-ON ACTIVITIES, STUDENTS EXPLORE FINANCIAL DECISIONS THEY WILL HAVE TO MAKE IN THE FUTURE.**

Grades	Day	Dates	Time	Fee
4-8	Tuesdays	January 14 <sup>th</sup> - February 18 <sup>th</sup>	4:30pm -5:30pm	Resident: \$150 Non-Resident: \$170

## SPARK BUSINESS: YOUNG ENTREPRENEURS

Instructor: Spark Business Staff

This program empowers students with an entrepreneurial mindset develop a plan for their very own business ideas drawing from such disciplines as marketing, finance and strategy, in a supportive environment fostering teamwork.



From designing marketing flyers to estimating profits, students have fun while developing business savvy!

Grades	Day	Dates	Time	Fee
4-8	Wednesdays	March 11 <sup>th</sup> - April 22 <sup>nd</sup>	4:30pm - 5:30pm	Resident: \$150 Non-Resident: \$170

## SPARK BUSINESS: TEEN INVESTORS

Instructor: Spark Business Staff

**LEARN INVESTING FUNDAMENTALS AND HOW YOU CAN START INVESTING AT A YOUNG AGE!**

Build your own \$100,000 stock portfolio and trade stocks like Apple, Nike or Amazon with a cool investing simulation tool.  
This hands-on experience provides students with the tools and mindset to face future investment decisions with confidence and buy low, sell high!  
A solid foundation for successful future investors!

Grades	Day	Dates	Time	Fee
9-12	Thursdays	March 12 <sup>th</sup> - April 23 <sup>rd</sup>	5:30pm - 6:30pm	Resident: \$150 Non-Resident: \$170





# YOUTH PROGRAMS




## SAFE SITTER


**Instructor: CPR Training Professionals, LLC Staff**


Safe Sitter® is a fun, fast-paced course designed to teach young teens essential life-saving skills so they feel confident and prepared—whether they're home alone, watching younger siblings, or babysitting.


Through interactive games, role-playing, and hands-on practice with manikins, students will learn how to stay safe and act smart in a variety of real-life situations.


 Babysitting as a Business

 Child Care Essentials

 Safety for the Sitter

 Infant & Child Choking Rescue

 Behavior Management

 Injury Prevention & Management

 Infant & Child CPR

This is a 5-hour, one day course and students will have a lunch break.

Ages	Day	Dates	Time	Fee
11-14	Saturday	February 7 <sup>th</sup>	9:00am -2:00pm	Resident: \$150 Non-Resident: \$160

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# YOUTH PROGRAMS



**We're partnering with The Coder School to offer fun, hands-on coding classes!**

Each student receives a personal coding account to access projects and practice at home.

Projects created in class can be continued from home.

★ **All equipment is provided—no need to bring anything.**

★ **No experience needed—just bring your creativity!**

📍 **Classes are held at The Coder School, 100 Elm St., Cheshire.**

## SCRATCH CODING

**Instructor: The Coder School Instructors**

Using the MIT developed platform, Scratch, along with block coding, children will create advanced games such as a solar system, Mario platformer, and much more! Learn about loops, variables, x and y coordinates, if and then statements, and more!

Age	Day	Time	Fee
7-9	Saturdays	11:00am - 12:00pm	Resident: \$145 Non-Resident: \$165
<b>Dates</b>			
<b>Session I</b> January 17 <sup>th</sup> - February 21 <sup>st</sup>		<b>Session II</b> March 7 <sup>th</sup> - April 25 <sup>th</sup>	

## MINECRAFT CODING

**Instructor: The Coder School Instructors**

Using the Minecraft Education Edition students will solve code and go through lesson plans such as planets, pandas, periodic table of elements, and more. Students will learn the X, Y, and Z coordinates, along with variables, conditions, loops, and more.

Age	Day	Time	Fee
8.5 - 10	Fridays	5:00pm - 6:00pm	Resident: \$145 Non-Resident: \$165
<b>Dates</b>			
<b>Session I</b> January 16 <sup>th</sup> - February 20 <sup>th</sup>		<b>Session II</b> March 6 <sup>th</sup> - April 24 <sup>th</sup>	

## PYTHON CODING

**Instructor: The Coder School Instructors**

Learn the hottest language out right now, used by Google, Instagram, and Netflix! Learn how to draw shapes and create designs using the turtle library. Learn about if and then statements, loops, variables, and more.

Age	Day	Time	Fee
10 - 13	Wednesdays	6:00pm - 7:00pm	Resident: \$145 Non-Resident: \$165
<b>Dates</b>			
<b>Session I</b> January 7 <sup>th</sup> - February 11 <sup>th</sup>		<b>Session II</b> March 4 <sup>th</sup> - April 15 <sup>th</sup>	



# YOUTH PROGRAMS



## WHAT IS STEM?

STEM stands for Science, Technology, Engineering, and Mathematics.

It's a broad educational approach that integrates these four disciplines to encourage hands-on learning, critical thinking, creativity, and problem-solving—skills that are essential in today's tech-driven world.

### CHAPMAN AFTER SCHOOL STEAM CLUB

**Instructor: CT STEM Academy Staff**

Students will be challenged to become scientists and engineers through NASA based investigations in collaboration with NASA Astro Camp. Activities will be differentiated based upon age groups.

\*Participants must attend Chapman School\*

Grades	Day	Dates	Time	Fee
2-3	Thursdays	January 15 <sup>th</sup> - February 19 <sup>th</sup>	2:45pm - 3:45pm	Resident: \$120 Non-Resident: \$140
4-6	Thursdays	January 15 <sup>th</sup> - February 19 <sup>th</sup>	2:45pm - 3:45pm	Resident: \$120 Non-Resident: \$140

### HIGHLAND AFTER SCHOOL STEAM CLUB

**Instructor: CT STEM Academy Staff**

Are you interested in being in the next generation of creators and inventors? In our engineering program, students will investigate engaging hands-on weekly challenges such as creating simple machines, building structures, and much more. New topics will be introduced for the 25-26 school year.

\*Participants must attend Highland School\*

Grades	Day	Dates	Time	Fee
4-6	Wednesdays	January 28 <sup>th</sup> - February 18 <sup>th</sup>	3:45pm - 4:45pm	Resident: \$80 Non-Resident: \$100

### CHEMISTRY EXPLORATIONS

**Instructor: CT STEM Academy Staff**

Calling all Junior Chemists!

Participants who join will experience how different substances react with one another.

Some experiments may include: making different foods like ice cream; high flying reactions like film canister rockets; or colorful creations like slime and lava lamps.

Age	Day	Dates	Time	Fee
7-13	Tuesdays	March 10 <sup>th</sup> - March 24 <sup>th</sup>	5:15pm - 6:15pm	Resident: \$58 Non-Resident: \$78





# YOUTH PROGRAMS



## ROBOTIC EXPLORATION BEGINNER

**Instructor: CT STEM Academy Staff**

This program is designed for participants who would like a rich introduction to robotics and coding. This program encourages critical thinking, problem solving, and communication. Participants will be using UB Tech Robotics to learn the basics of building a robot, coding and related STEM applications. Instructors will adjust program instructions to meet the needs of all participants.

Age	Day	Dates	Time	Fee
8-13	Thursdays	January 15 <sup>th</sup> - February 5 <sup>th</sup>	5:15pm - 6:15pm	Resident: \$70 Non-Resident: \$90

## ROBOTIC EXPLORATION ADVANCED

**Instructor: CT STEM Academy Staff**

The great minds at LEGO have provided the tools and means for us to use their fun kits to do more advanced STEM and computer science. LEGO WeDo and LEGO Mindstorms are a great way for students to explore a different side of robotics that includes engineering through interesting building challenges, programming, and innovative thinking with high interest materials.

Age	Day	Dates	Time	Fee
8-13	Thursdays	February 12 <sup>th</sup> - March 5 <sup>th</sup>	5:30pm - 6:30pm	Resident: \$70 Non-Resident: \$90

## VEX IQ Robotics Club: An Introduction to A Competitive Robotics Team

**Instructor: CT STEM Academy Staff**

In this immersive program, participants will engage in hands-on robotics activities while developing effective strategies to excel in future VEX IQ competitions. Students will be guided by experienced CT STEM Academy Coaches (Team 55508) who have competed in statewide competitions as participants and now coaches. Please go online for additional details



Age	Day	Dates	Time	Fee
7-13	Mondays	March 9 <sup>th</sup> - May 18 <sup>th</sup>	5:30pm - 7:15pm	Resident: \$180 Non-Resident: \$200

## PLANETARIUM NIGHT AT MAHAN PLANETARIUM

**Instructor: CT STEM Academy Staff**

Join us for a planetarium show that will highlight Winter Constellations and a full dome movie Season of Light. This program is presented by the Wallingford Public Schools Mahan Planetarium and Center for Innovation & Design.

Mahan Planetarium at Sheehan High School (142 Hope Hill Rd, Wallingford)

Families will be checked in at the Senior Courtyard entrance.



Age	Day	Dates	Time	Fee
Family Event (4+)	Wednesday	March 11 <sup>th</sup>	6:00pm - 7:00pm	Resident: \$14 Non-Resident: \$19



# YOUTH FITNESS/SPORTS



## Bergamo's Ninja-Fit Instructor: BPT Fitness Staff

Classes are held at Bergamo's 272 Sandbank Rd, Cheshire, CT 06410

Ninja Fit is a unique class that teaches a mix of parkour and gymnastics while focusing on fun and fitness.

Not only will students be learning cool new vaults and tricks each class, but they will also be training their strength, flexibility, and speed while doing it.

Each class will begin with stretching and warm ups, followed by a fitness focused game and our parkour or tricking technique of the day.

Finally, students will challenge themselves by running our ninja obstacle course and showing off their new skills!

Age	Day	Time	Fee
3-5	Tuesdays	4:30pm - 5:00pm	Resident: \$125 Non-Resident: \$145
<b>Dates</b>			
<b>Session I</b> January 6 <sup>th</sup> - January 27 <sup>th</sup>		<b>Session II</b> February 10 <sup>th</sup> - March 10 <sup>th</sup>	<b>Session III</b> March 17 <sup>th</sup> - April 14 <sup>th</sup>
Age	Day	Time	Fee
6-12	Thursdays	5:00pm - 5:45pm	Resident: \$135 Non-Resident: \$155
<b>Dates</b>			
<b>Session I</b> January 8 <sup>th</sup> - January 29 <sup>th</sup>		<b>Session II</b> February 12 <sup>th</sup> - March 5 <sup>th</sup>	<b>Session III</b> March 19 <sup>th</sup> - April 16 <sup>th</sup>

## Bergamo's Speed, Strength, and Agility Instructor: BPT Fitness Staff

Classes are held at Bergamo's 272 Sandbank Rd, Cheshire, CT 06410

Our Speed Agility and Strength class focuses on the building blocks that every kid needs to be a healthy athlete in a fun and challenging way.

The exercises and drills we do will increase speed and strength, while also working on coordination, balance, and injury prevention.

While these skills are important for athletes, it can also be useful for any child or young teen who is looking to be more active!

Age	Day	Time	Fee
7-14	Tuesdays	3:30pm - 4:15pm	Resident: \$145 Non-Resident: \$165
<b>Dates</b>			
<b>Session I</b> February 3 <sup>rd</sup> - March 3 <sup>rd</sup>		<b>Session II</b> March 17 <sup>th</sup> - April 14 <sup>th</sup>	





# YOUTH FITNESS/SPORTS



## Bergamo's Mindful Movers Preschool Yoga

**Instructor: BPT Fitness Staff**

Classes are held at Bergamo's 272 Sandbank Rd, Cheshire, CT 06410

We will explore simple yoga poses and develop basic body control through games, stories, and music.

Easy relaxation techniques will be introduced.

Instructor Ms. Barb is a certified children's yoga teacher and has over 30 years of experience as a teacher of young children

Age	Day	Time	Fee
3-5	Wednesdays	9:30am - 10:00am	Resident: \$125 Non-Resident: \$145
<b>Dates</b>			
<b>Session I</b> January 7 <sup>th</sup> - January 28 <sup>th</sup>		<b>Session II</b> February 11 <sup>th</sup> - March 4 <sup>th</sup>	
<b>Session III</b> March 18 <sup>th</sup> - April 15 <sup>th</sup>			
Age	Day	Time	Fee
3-5	Fridays	4:30pm - 5:00pm	Resident: \$125 Non-Resident: \$145
<b>Dates</b>			
<b>Session I</b> January 9 <sup>th</sup> - January 30 <sup>th</sup>		<b>Session II</b> February 13 <sup>th</sup> - March 6 <sup>th</sup>	
<b>Session III</b> March 20 <sup>th</sup> - April 24 <sup>th</sup>			

## Bergamo's Beginner Yoga for Kids

**Instructor: BPT Fitness Staff**

Classes are held at Bergamo's 272 Sandbank Rd, Cheshire, CT 06410

Learn basic yoga poses while developing strong bodies and minds.

This class will have an emphasis on mindfulness techniques that children can use every day.

Instructor Ms. Barb is a certified children's yoga teacher and has over 30 years of experience as a public school teacher

Age	Day	Time	Fee
6-12	Fridays	5:00pm - 5:30pm	Resident: \$125 Non-Resident: \$145
<b>Dates</b>			
<b>Session I</b> January 9 <sup>th</sup> - January 30 <sup>th</sup>		<b>Session II</b> February 13 <sup>th</sup> - March 6 <sup>th</sup>	
<b>Session III</b> March 20 <sup>th</sup> - April 24 <sup>th</sup>			



# YOUTH FITNESS/SPORTS



## SKYHAWKS SUPER-TOTS

**Instructor: SuperTots Sports Academy Staff**

 Parent participation is required



Give your little superstar an awesome first step into sports with Multi-SportTots!  
This class uses age-appropriate games and activities to explore balance, hand/eye coordination, fitness, sport skills and child development.



**IN THIS PROGRAM WE COVER BASEBALL, BASKETBALL AND SOCCER.**

We spend two weeks on each sport so it's an individual sport focus per class, not all three sports in one 45-minute class.

Age	Day	Dates	Time	Fee
2	Friday	January 23 <sup>rd</sup> - February 27 <sup>th</sup>	9:15am - 10:00am	Resident: \$115 Non-Resident: \$135
3-4.5	Friday	January 23 <sup>rd</sup> - February 27 <sup>th</sup>	10:15am - 11:00am	Resident: \$115 Non-Resident: \$135



## A STEP AHEAD SOCCER

FULL UNIFORM (Jersey, Shorts, And Socks) plus a medal and stickers for all players.

### FIRST STEP

**Instructor: A Step Ahead Soccer Staff**

 Parent participation is required

Our First Step program is specifically designed for 2-year-olds to be introduced to soccer. This is a parent-and-me program, so each child is expected to have an adult helper with them each week. Gentle introductions using simple stories, songs, and imaginative play. Focus on parent-child interaction, exploring movement, becoming comfortable with the ball (our friend "Smart Scott the Soccer-bot")! and following simple story cues. Adventures are adapted for short attention spans and maximum sensory fun.

Age	Day	Dates	Time	Fee
2	Saturdays	January 17 <sup>th</sup> - March 7 <sup>th</sup>	12:00pm - 12:45pm	Resident: \$175 Non-Resident: \$195

### STEP UP

**Instructor: A Step Ahead Soccer Staff**

We encourage children ages 3 and 4 to engage more independently in slightly more complex adventures. The storylines encourage basic dribbling ("navigating a path"), stopping the ball ("avoiding obstacles"), and listening to multi-step instructions within the narrative. Emphasis on cooperation and understanding roles within the story.

Age	Day	Dates	Time	Fee
3-4	Saturdays	January 17 <sup>th</sup> - March 7 <sup>th</sup>	1:00pm - 2:00pm	Resident: \$200 Non-Resident: \$220

### NEXT STEP

**Instructor: A Step Ahead Soccer Staff**

We encourage children ages 3 and 4 to engage more independently in slightly more complex adventures. The storylines encourage basic dribbling ("navigating a path"), stopping the ball ("avoiding obstacles"), and listening to multi-step instructions within the narrative. Emphasis on cooperation and understanding roles within the story.

Age	Day	Dates	Time	Fee
5	Saturdays	January 17 <sup>th</sup> - March 7 <sup>th</sup>	1:00pm - 2:00pm	Resident: \$200 Non-Resident: \$220





# YOUTH FITNESS/SPORTS



## LEADERSHIP MARTIAL ARTS

**Instructor: Leadership Martial Arts Staff**

Class is held at Leadership Martial Arts, 971 Meriden-Waterbury Tpke. in Plantsville.

Martial Arts are used to build skills through fun & challenging drills. This approach includes reinforcing good discipline, displaying confidence and maintaining a positive attitude. Fee includes student uniform! Participants may attend up to 3 classes per week.

It is not mandatory to attend all 15 classes.

Please note, however, that the program registration fee will remain the same regardless of the number of classes attended.



TINY TIGERS (AGE 3-4)	LITTLE DRAGONS (AGE 5-7)	KARATE KIDS (AGE 8-13)
<b>Day &amp; Time:</b> Mon - Thurs 5:30pm - 6:00pm <b>Day &amp; Time:</b> Sat 10:30am - 11:00am <b>Resident Fee:</b> \$134 <b>Non-Resident Fee:</b> \$154	<b>Day &amp; Time:</b> Mon & Wed 4:30pm to 5:00pm <b>Day &amp; Time:</b> Tues & Thurs 5:45pm to 6:15pm <b>Resident Fee:</b> \$134 <b>Non-Resident Fee:</b> \$154	<b>Day &amp; Time:</b> Mon & Wed 5:15pm to 5:45pm <b>Day &amp; Time:</b> Tues & Thurs 6:30pm -7:00pm <b>Resident Fee:</b> \$134 <b>Non-Resident Fee:</b> \$154

## JUNIORS GOLF

**Instructor: Pete Stankevich**

All sessions are held at Chris Cote's Top Tracer Range in Southington

Sharpen your skills and enjoy the game no matter the season!

The facility is state-of-the-art, covered, and heated where you can practice in comfort, rain or shine.

Classes include fundamentals of the set-up, fundamentals of the golf swing, how to play with irons and woods, pitching, sand bunker play, chipping, putting, rules and etiquette, and much more. Whether you're new to the game or looking to fine-tune your skills, these lessons provide expert instruction in a supportive environment.

Bring your own clubs or borrow ours — either way, you'll be ready to hit the course with confidence.

Age		Fee
7-14		Resident: \$195 Non-Resident: \$215
January	February	March
<b>Day:</b> Thursdays <b>Date:</b> January 8 <sup>th</sup> - 29 <sup>th</sup> <b>Time:</b> 4:30-5:30pm	<b>Day:</b> Mondays <b>Date:</b> February 2 <sup>nd</sup> - 23 <sup>rd</sup> <b>Time:</b> 4:30-5:30pm	<b>Day:</b> Wednesdays <b>Date:</b> March 4 <sup>th</sup> - 25 <sup>th</sup> <b>Time:</b> 4:30-5:30pm

## HOLIDAY BASKETBALL CLINIC

**Instructor: CHS Boys & Girls Basketball Staff**

This clinic is for boys and girls in grades 1 through 8 who are interested in learning or improving basketball skills.

It will be run by the Cheshire High School boys and girls basketball coaching staff and players and serves as a fundraiser for the teams.

At the clinic, participants will focus on fundamentals and individual player development.

Each day will begin and end in the Cheshire High School West Gym at the back of the school.

Age	Day	Dates	Time	Fee
6-14	Mon + Tues	December 29 <sup>th</sup> - December 30 <sup>th</sup>	9:00am - 12:00pm	Resident: \$70 Non-Resident: \$80

# THERAPEUTIC RECREATION



## What is Therapeutic Recreation?

Therapeutic Recreation programs are designed for participants with various special needs. The activities are presented so that participants will be able to understand, become involved and enjoy recreation experiences. A strong emphasis on social skills is included.

## IMPORTANT

Participants must have safe behavior, be able to follow simple instructions, stay with a small group and be independent with toileting and feeding.

### TR: AFTERNOON CLUB

**Instructors: Barbara Costello, Deboarah Sanford, & Jenn Loniki**

Join the Club – Where Fun & Friendship Collide!

Looking for the perfect way to unwind after school? Come be part of the Club!—a weekly program designed for high school & transition students who love to play games, hang out, get creative, and just have fun! Each week brings a fresh mix of games, crafts, and awesome social activities—so there's always something new to enjoy with friends.

Age	Day	Dates	Time	Fee
14- 25	Tuesdays	January 13 <sup>th</sup> - March 24 <sup>th</sup>	2:00pm - 4:00pm	Resident: \$176 Non-Resident: \$196

### TR: WALKING CLUB

**Instructor: Barbara Costello**

We cover 1.5 to 2 miles per session at a comfortable group pace, creating a relaxed “walk and talk” atmosphere.

It's a fun, social way to stay active without it feeling like a workout.

Don't miss out — come walk with us and enjoy walking with friendly faces, and feel-good vibes. You're more apt to walk if you have friends, it's win for both body and mind!

Age	Day	Dates	Time	Fee
7+	Wednesdays	January 7 <sup>th</sup> - March 25 <sup>th</sup>	4:30pm - 5:15pm	Resident: \$100 Non-Resident: \$120

### TR: YOGA

**Instructor: Christine Innimo**



Get moving, make new friends, and feel great! Participants boost their fitness, loosen up with better flexibility, and enjoy socializing along the way.

Plus, staying flexible helps your whole body feel good, reduces stress, and keeps you balanced—literally!"

Age	Day	Dates	Time	Fee
7+	Thursdays	January 15 <sup>th</sup> - February 19 <sup>th</sup>	5:15pm - 6:00pm	Resident: \$75 Non-Resident: \$95



# THERAPEUTIC RECREATION

<div>   </div> <div> <b>TR: FRIDAY NIGHT SHENANIGANS</b>  <b>Instructors: Kathleen Moran &amp; Emily Clark</b>  <b>Ages: 14 +</b> </div>	
<b>Date:</b> January 23 <sup>rd</sup> <b>Time:</b> 6:00pm - 7:30pm <b>Resident:</b> \$35 <b>Non-Resident:</b> \$45	<b>SEÑOR PANCHOS</b> The group will go out to eat at a local restaurant together to share a meal and have fun! Senor Panchos specializes in Mexican food, but also has other food choices for those looking for something else.
<b>Date:</b> February 13 <sup>th</sup> <b>Time:</b> 6:00pm - 7:30pm <b>Resident:</b> \$20 <b>Non-Resident:</b> \$30	<b>PAL-ENTINES</b> Fun games and activities to fill your evening with partner games and crafts - be sure to sign up with your bestie! Light snacks will be included.
<b>Date:</b> February 27 <sup>th</sup> <b>Time:</b> 6:00pm - 7:30pm <b>Resident:</b> \$20 <b>Non-Resident:</b> \$30	<b>POOL PARTY</b> Join your friends for a pool party complete with swimming, games and pizza for dinner! Please wear your bathing suit, bring 2 towels, sweatpants and a shirt.
<b>Date:</b> March 13 <sup>th</sup> <b>Time:</b> 6:00pm - 7:30pm <b>Resident:</b> \$25 <b>Non-Resident:</b> \$35	<b>GLOW NIGHT @ EXTREME AIR</b> The group will go to Extreme Air for a jumping good time. We will be there for "glow night" which includes black lights and neon. This is an EXTREME-ly fun event, full of laughs and tons of exercise.



**FOR ADDITIONAL INFORMATION  
 OR TO REGISTER FOR  
 PROGRAMS VISIT  
[CHESHIRECT.MYREC.COM](http://CHESHIRECT.MYREC.COM)**

# POLICIES & PROCEDURES

## Registration Process & Payment Policy

**ONLINE-** Visit our website at [cheshirect.myrec.com](http://cheshirect.myrec.com)

**IN- PERSON-** Parks & Recreation hours are Monday-Friday 8:30am to 4:00pm

**MAIL-IN** - Mail in Registration Forms can be mailed with payment to 559 S. Main St., Cheshire CT 06410

**PAYMENTS-** We accept cash, check, Mastercard, Visa, and Discover.

All registrations must be accompanied by full payment.

Check payable information is listed on each registration form

## Program Cancellations

### Refunds and Cancellation Policy

Full refunds will be issued if a program is cancelled by the Town. Participants who withdraw from a program at least 2 weeks prior to the start of the program will receive a full refund. No refunds will be given once a program begins, unless for medical reasons and accompanied by a doctor's note.

### Transfer Policy

You may request to transfer a participant from one program into another if the program type and fee are the same. Transfers must be submitted at least 14 days prior to the start of the class that the participant is currently enrolled in.

Please note: If you request cancellation of the class the participant was transferred into, refunds can only be issued via check even if the original payment was by credit/debit card.

## Program Cancellations made by Cheshire Parks and Recreation

If there are not enough registrations by one week prior to start date, the program may be cancelled. If a program must be cancelled registrants will be notified by e-mail and/or telephone as soon as possible, and a full refund will be issued.

## Inclement Weather Notice

If the Town of Cheshire is closed all activities are cancelled. For cancellation information please check [cheshirect.myrec.com](http://cheshirect.myrec.com). Unless otherwise noted, programs that are cancelled due to inclement weather are typically added to the end of the session.



# POLICIES & PROCEDURES

## Non-Residents

Registrations for non- residents will be accepted with a fee.

The non-resident fee is typically \$20 per program but some programming it may be less.

Residents are defined as those person domiciled on a permanent basis in the Town of Cheshire and individual property owners of real property (non motor-vehicle)

## Photo Policy

During Town Activities, pictures and/or videos may be taken by staff and these may be used for future promotions; to revoke authorization to use pictures and/or videos email [recreation@cheshirect.gov](mailto:recreation@cheshirect.gov) and include the participant's name and the Activity name.

## Special Accommodations

Programs and activities are for individuals of all ability levels and we are committed to meeting the needs of the entire population. Accommodations may be arranged for individuals with special needs. To request program modifications or accommodations, contact John Gawlak, Parks and Recreation Director, at [jgawlak@cheshirect.gov](mailto:jgawlak@cheshirect.gov) to discuss your needs.

## Disclaimer: Program Dates & Exceptions

Please note that some programs may not meet on certain dates due to holidays or scheduled breaks. These skip dates are not included in this catalog but are available on our website and will also appear on your receipt. For the most up-to-date and complete program information, please visit [cheshirect.myrec.com](http://cheshirect.myrec.com).

TO REGISTER FOR  
PROGRAMS



SCAN HERE

## Looking for other Departments?

Artsplace	(203) 272 - 2787
Pool	(203) 271 - 3208
Town Hall	(203) 271 - 6600
Yellow House	(203) 271- 2769

# **contact Us**

## Location

**Harmon Leonard Jr. Youth Center  
559 South Main Street  
Cheshire, CT 06410**

## Hours

**Monday - Friday  
8:30AM to 4:00PM**

**Phone: 203-272-2743**

**Fax: 203-272-5858**

**E-mail: [Recreation@cheshirect.gov](mailto:Recreation@cheshirect.gov)**

